

“The Birth of Baby Jesus”...



FROM THE GOSPEL ACCORDING TO - LUKE - :

“When the angels went away from them to heaven, the shepherds... went in haste and found Mary and Joseph, and the infant lying in the manger. When they saw this, they made known the message that had been told them about this child.” (Luke 2:15-17)¹

MEDITATION ON THE MYSTERY:

The manger could be a figure of the Catholic Teaching which has been handed down by the Apostles from generation to generation (cf. Eph 3:21; 1Tim 4:14). Let us listen to them intelligently and imitate them, lowering the “horns” of our pride towards the manger of Jesus Christ, who is the food of eternal life. (cf. SLC, p. 16)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to lowering the horns of pride, St. Anselm says: “No Christian ought to question the truth of what the Catholic Church believes in its heart and confesses with its mouth. Rather... he ought humbly... to seek to discover the reason why it is true.... But if he cannot understand, let him not toss his horns in strife but let him bow his head in reverence.”

(ANSELM OF AOSTA, *De Incarnatione Verbi*, Ch. I, in *Complete Philosophical and Theological Treatises of Anselm of Canterbury*, Trans. Jasper Hopkins and Herbert Richardson. Arthur J. Banning Press: Minneapolis 2000, p. 267)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...